



Long Term Curriculum Map/Progression Document of Knowledge and Skills: JIGSAW

EYFS AND KS1

TERM	EYFS	Year 1	Year 2	Year 3
1	<u>Being Me in My World</u> I will learn about... • How we are similar and different • Different feelings • How to manage my feelings • Why it is good to be kind • Using gentle hands • Our right to play and learn • What being responsible means	<u>Being Me in My World</u> I will learn about... • How to use my Jigsaw Journal • The rights and responsibilities as a member of my class • How my views are valued and to contribute our school Learning Charter • The choices that I make and their consequences • My rights and responsibilities within our Learning Charter	<u>Being Me in My World</u> I will learn about... • How to use my Jigsaw Journal • How to identify my hopes and fears for the future • How my own and others' views are valued • The choices that I make and the reward and consequences that come with them • My rights and responsibilities within our Learning Charter	<u>Being Me in My World</u> I will learn about... • How to use my Jigsaw Journal • The rights and responsibilities as a member of my class • How my views are valued and contribute our school Learning Charter • The choices that I make and their consequences • My rights and responsibilities within our Learning Charter
2	<u>Celebrating Difference</u> I will learn about... • Things that I am good at • How being different makes us all special • How I am similar yet different to others • How to be a kind friend • What to do if someone is unkind to me	<u>Celebrating Difference</u> I will learn about... • Similarities between myself and others in my class • Differences between myself and people in my class • Bullying and how it might feel • Who to talk too if I need help • Strategies to make friends	<u>Celebrating Difference</u> I will learn about... • Assumptions (stereotypes) • The assumptions people sometimes make about boys and girls • Why bullying happens • The difference between right and wrong • How to look after myself	<u>Celebrating Difference</u> I will learn about... • How all families are different • The differences in my own family • What to do if I witness bullying • Words that can cause harm to others • How my words might affect someone's feelings
3	<u>Dreams and Goals</u> I will learn about... • What it means to persevere • How to keep trying even when it is difficult • How to set a goal • How I can be kind and encourage others • The jobs I might like to do when I am older • Different skills I might need to learn • How it feels to achieve a goal	<u>Dreams and Goals</u> I will learn about... • How to set simple goals • How to use stepping stones to reach a goal • How to work well with others • Different ways to tackle a challenge • Obstacles and how to overcome them	<u>Dreams and Goals</u> I will learn about... • How to set a realistic goal • How to persevere when a task is difficult • Who I work well with • How to work well in a team • How to share successes with other people	<u>Dreams and Goals</u> I will learn about... • The challenges that some people face • Why having dreams and ambitions is important • How to face new challenges • How to overcome obstacles • How I can improve my learning process for the future

4	<u>Healthy Me</u> I will learn about... • Exercise and why it is good for us • Movement and rest • Healthy and not so healthy foods • Why sleep is good for our health • The importance of hand washing • Who my safe adults are • How to stay safe	<u>Healthy Me</u> I will learn about... • The differences between healthy and unhealthy choices • How to make healthy choices • Keeping myself clean • Germs, disease and illness • Medicines and how to use them safely • Crossing the road safely	<u>Healthy Me</u> I will learn about... • My family and my relationships with them • Different forms of physical contact • Acceptable and unacceptable physical contact • Things that may cause conflict with friends • Secrets and when it may or may not be good to keep a secret • People who can help me at school, at home and in the community	<u>Healthy Me</u> I will learn about... • How exercise affects my body • Why my lungs and heart are important organs • Calories, fat and sugar and how they can affect my health • Drugs, including medicine • How to keep myself safe • How to call emergency services
5	<u>Relationships</u> I will learn about... • My family and some of the jobs that I do • How to make friends • How it feels to be a friend and make a friend • What to do if I feel lonely • How to solve problems and stay friends • The impact of unkind words • How to use Calm Me time to manage my feelings • How to be a good friend	<u>Relationships</u> I will learn about... • Different types of families • What it means to be a good friend • Appropriate ways to greet my friends • Who I can ask for help from within my school community • My qualities as a person and as a friend • Who is special to me	<u>Relationships</u> I will learn about... • My family and my relationships with them • Different forms of physical contact • Acceptable and unacceptable physical contact • Things that may cause conflict with friends • Secrets and when it may or may not be good to keep a secret • People who can help me at school, at home and in the community	<u>Relationships</u> I will learn about... • The roles and responsibilities of each member of my family • The skills of friendship • Different strategies for keeping myself safe online • How the actions and work of people around the world help and influence my life • How my needs and rights • are shared by children around the world • How to express appreciation to family and friends
6	<u>Changing Me</u> I will learn about... • The different names for parts of my body • Respecting my body • Healthier food choices • Changes I might face such as moving class • How I change as I get older • How to talk about my worries/fears • How to talk about the things I am looking forward to	<u>Changing Me</u> I will learn about... • The life cycle of animals and humans • How I change as I get older • The things about me that stay the same • The parts of the body that make boys and girls different • Changes that have happened in my life	<u>Changing Me</u> I will learn about... • Life cycles in nature • Growing from young to old • How my body changes • The physical differences between boys and girls • Why some parts of my body are private • Different types of touch and which ones I like and dislike • The things I am looking forward to	<u>Changing Me</u> I will learn about... • The changes that happen from birth (animals and humans) • How babies grow and what they need • How boys' and girls' bodies change on the outside and inside as we grow • Why change is necessary as we grow older • Family stereotypes • The things I am looking forward to